The **mindful** a

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Ph ical Heal h a d Me al Wellbei g												

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Ph ical Heal h a d Me al Wellbei g B he e d Bf P i a il hB ld k B :		Yea 1 - Age 5-6						Yea 2 - Age 6-7					
		Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al	Heal h Me	Rela if hi	Cha gi g Me	Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al	Heal h Me	Rela if hi	Cha gi g Me
Ph ical heal h a d f e	(H18) h cha ac c a d a												

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Relationships Education Beliefs and Principles Skills:		Year 3 - Age 7-8						Year 4 - Age 8-9					
		Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating				

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Relationships Education Building Positive Relationships	Year 3 - Age 7-8						Year 4 - Age 8-9					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me

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Relationships Education Beheaded Pirate Family Household:		Year 3 - Age 7-8						Year 4 - Age 8-9					
		Being Me in My World	Celebrating Difference	Dream and Goal	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dream and Goal	Healthy Me	Relationships	Changing Me
Recollections	(R12) [illegible]	2	5,6	1		2		2,3	2	3	5,6	4-6	
	(R13) [illegible]	3	5	6		6		5	1,2		1,2,5	4,5	
	(R14) [illegible]	5,6	5	5				2,4		5	6	4,5	
	(R15) [illegible]		6	5	6				5,6		6		
	(R16) [illegible]	3	5,6			6		3	5,6	6	5,6	4-6	
	(R17) [illegible]		3-5			3			3				
	(R18) [illegible]		5			1	5						
	(R19) [illegible]	5,6				2		4			2,6	4,6	

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Ph ical Heal h a d Me al Wellbei g B he e d Sf P i a il hS ld k S :		Yea 3 - Age 7-8						Yea 4 - Age 8-9					
		Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al	Heal h Me	Rela if hi	Cha gi g Me	Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al	Heal h Me	Rela if hi	Cha gi g Me
Ph ical heal h a d f e	(H18) h d a ac c a a d a ca b f f a ac f				1,2,6								
	(H19) h a x c f b d a k a a d h ; xa , a k c c ch , a da ac h f a, x c				1,2,6								
	(H20) h k a c a d h a ac f (c d b				1,2								
	(H21) h a d h k c d h ch ad a k ch f h a d ab h a h				3-5						3,4		

Ph ical Heal h a d Me al Wellbei g B he e d Sf P i a il hS ld k S :		Yea 3 - Age 7-8						Yea 4 - Age 8-9					
		Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al	Heal h Me	Rela if hi	Cha gi g Me	Bei g Me i M Wf ld	Celeb a i g Diffe e ce				

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Ph ical Heal h a d Me al Wellbei g B he e d Bf P i a il h B ld k B :	Yea 3 - Age 7-8						Yea 4 - Age 8-9					
	Bei g Me i M Wf ld	Celeb a i g Diffe e ce	D ea a d Gf al									

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Relationships Education Blended Learning Planning Grid Families and the people who care for me	Year 5 - Age 9-10						Year 6 - Age 10-11					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
(R1) I know that families are special because they care for me and each other												3
(R2) I can recognise the characteristics of my family and other families, noticing similarities and differences between them and my family and understanding that families can be different in many ways												
(R3) I know that there are different types of family, including single-parent families, families headed by same-sex parents and families in which parents live apart, but that the people who love and care for me and my family are the most important people in the world								2				
(R4) I know that my family unit can change over time, and I can identify ways in which I have changed as I have grown older												3,4
(R5) I know that there are different stages of life and new opportunities at each stage		3										
(R6) I know that there are different kinds of relationships, including marriage, and that people who love and care for each other can live in a variety of situations							5			3,4		4

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Relationships Education Theme of Piece: Key Skills:	Year 5 - Age 9-10						Year 6 - Age 10-11					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Caring friendships												

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Relationships Education Beliefs and Practices and Religious Traditions		Year 5 - Age 9-10						Year 6 - Age 10-11					
		Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Religions and worldviews	(R12) how and why people practise their religion and beliefs in different ways (for example, worship, festivals, pilgrimages, rituals, prayer, artefacts, clothing, food, symbols, music, dance, arts, architecture)	3,4	1,2	5,6	4	2-6		2-6	2,5	4			
	(R13) similarities and differences in practices between religions and how they express shared beliefs	4	6			1-6		4-6	5,6	4		4-6	4,5
	(R14) how religious beliefs and practices guide decision making	3-6				2-6		4					
	(R15) how religious and cultural diversity enriches the life of individuals, families and communities	3	6	3	4,5	1	1		1	1	1,6	2	1,5
	(R16) how and why people make commitments, including marriage and other rites, and how these contribute to family life and community cohesion	2	1	4	4	2,3			5,6	6	5,6		5
	(R17) about different sources of inspiration (for example, people, places, literature, arts and music)		4			2			4			4	
	(R18) how religious stories and sacred writings can be interpreted in different ways and how this influences beliefs and actions		1		4				2				
	(R19) how religious and spiritual ideas are represented in the media, the arts and entertainment and how accurately they reflect religion					2,3			3		6	4	4,5

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Relationships Education Being safe		Year 5 - Age 9-10						Year 6 - Age 10-11					
		Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	(R25) how to recognise and report feelings of being unsafe or feeling bad about any adult (including online)				4	2,3	1	4	3		3,4	4-6	

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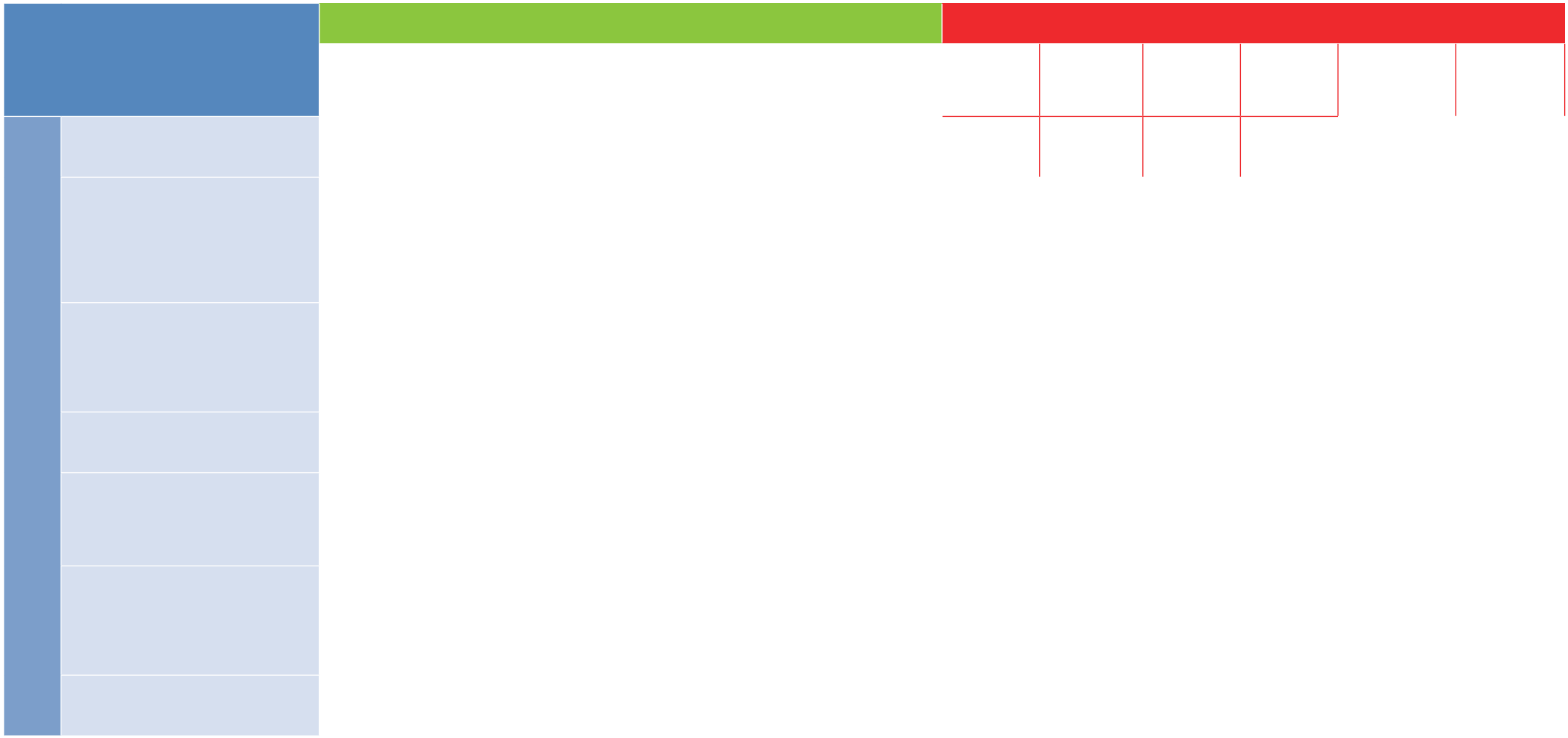
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